

# **SMS Messaging Terms & Conditions**

## **1. Introduction**

By opting into Stanley Ruth Co. SMS messaging service, you agree to receive text messages from us, including appointment & membership reminders, promotional offers, and important notifications. These Terms & Conditions govern your participation in our SMS program.

## **2. Message Frequency**

Message frequency may vary based on your interactions with Stanley Ruth Co. You may receive up to 4 messages per month and 2 messages per appointment, depending on your selected preferences and account activity.

## **3. Message and Data Rates**

Standard message and data rates may apply depending on your mobile carrier and service plan. Check with your carrier for details.

## **4. Opt-Out Instructions**

You can opt out of SMS communications at any time by replying with STOP. Once you opt out, you will no longer receive SMS messages from us unless you re-enroll.

## **5. Customer Support**

For assistance, reply HELP or contact us at (718) 993-4000.

## **6. Privacy & Data Security**

We value your privacy and will not share or sell your information to third parties for marketing purposes. Your data is securely stored and used only for the purposes outlined in our Privacy Policy.

## **7. Changes to These Terms**

We reserve the right to update or modify these Terms & Conditions at any time. Any changes will be posted on our website. Your continued participation in our SMS program constitutes your acceptance of any modifications.

## 8. Contact Information

If you have any questions regarding these Terms & Conditions, please contact us at (718) 993-4000.

By subscribing, you agree to our Privacy Policy and these Terms & Conditions.